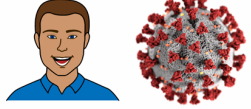


COVID-19 and how it affects Me



I hear a lot about COVID-19. Sometimes it makes me feel nervous.



COVID-19 is a virus. A virus is a tiny group of cells that make people sick.



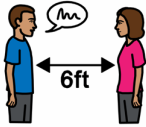
To keep people in my community safe, many places are closed.



To keep myself safe, I cannot go to work. This means I stay home during the day.



I can help by washing my hands a lot and for at least 30 seconds. I can count by singing happy birthday two times.



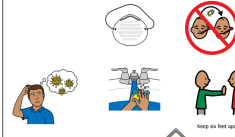
I can also help by social distancing. That means keeping away from others when I am outside of my home.



It may be a few months before COVID-19 goes away. Which means my schedule will change.



It is okay to have a lot of questions about when COVID-19 will go away. Everyone has questions



When will this virus be gone? I don't know, but I will be safe by wearing my mask, washing my hands, keeping social distance and not going to places where the virus is.

