

TACOMA

DEVELOPMENTAL DISABILITIES ADMINISTRATION

CONTINUING EDUCATION TRAINING



February 10, 2020

9 AM to 4 PM

6 CEUs

Sensory Needs for Adults with Autism – 3 CEU

Research suggests that up to 93% of people with Autism experience a Sensory Processing Disorder (SPD). SPD is a neurological disorder that causes difficulties with processing information from the five senses: vision, auditory, touch, olfaction, and taste, as well as from the sense of movement (vestibular system), and/or the positional sense (proprioception). For those with SPD, sensory information is sensed, but perceived abnormally. Unlike blindness or deafness, sensory information is received by people with SPD; the difference is that information is processed by the brain in an unusual way that causes distress, discomfort, and confusion.

In this training each sensory symptom will be examined and broken down into three patterns of responsiveness; hyperresponsive (overreaction to sensory input), hyporesponsive (underreaction to sensory input), and sensory seeking (over engagement in items and/or activities).

As with ASD itself, each person experiences their sensory input differently. We will discuss what these reactions might look like in different environments, with different people and social expectations. We will also review and provide examples of ways to reduce distress, discomfort and confusion for the people we support at home, work and the community. This training does not take the place of a sensory assessment by a licensed Occupational Therapist but will bring attention to conditions that support providers might observe that otherwise maybe perceived as random behavioral acts of aggression or opposition.

Socialization: Living and Working Environments for Adults with Autism – 3 CEU

Successful living environments will require relationship development, skill acquisition, trained staff and identified “teachable moments” by support staff. Long-term, successful living conditions will require new techniques, attention and observation in addressing social challenges in shared social environments;

In the next few of hours, you will learn:

1. Socialization and the Dyad of Impairment
2. Relationship development
3. Rules and expectations
4. Identified personal space and belongings
5. Supports and strategies for skill development and replacement behaviors based on how the individual experiences their autism.
6. Staff training and consistency of support strategies is the key to successful living environments.
7. Examples of challenges home and solutions that brought cohesiveness to the house.
8. Group Activity

[Click Here to register](#)

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DDA Developmental
Disabilities Administration

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6 CEUs



Presented by Monica Meyer

Monica Meyer is an Autism Consultant who provides Technical Assistance and training to Residential and Supported Employment agencies supporting individuals with Classic Autism, specifically those who are non-verbal. Monica is an activist in the promotion of Autism Specific “Best-Practice, Evidence Based” Strategies that support communication, choice and independence. Monica has a wide range of knowledge and expertise in “Best-Practice, Evidence Based” Strategies that includes Picture Exchange Communication Systems, TEACCH, Pivotal Response Training, Social Stories™ to name a few. Monica served as one of the fourteen (14) Governor appointed Task Force Members who developed the guidelines for the State of Washington and is currently heading a “Autism and Law Enforcement Committee” in her community. Monica resides in Battle Ground, Washington a community of Clark County with her husband Rob. She is an active parent, guardian and designer of community life and support for her son Michael, age 31 who has been the inspiration to her work and activism for individuals with Classic Autism.

Tacoma DDA, 1305 Tacoma Ave S. Suite 300, Tacoma, WA 98402

Parking is not available in the Garage at the Comprehensive Life Resources Building/DDA Office:

- Metered parking is available on Tacoma Ave S in front of the office building. There are some free spots to the south, in front of the parking garage.
- More free street parking is available on S 14th St, S G St, S 15th St, S. 17th St and Court E and S. Fawcett Ave between S. 15th and S. 17th Streets. Parking is your responsibility.

Class Size: Limited to 50 Participants

Additional classes are listed online at [DDA Provider Training Opportunities](#)